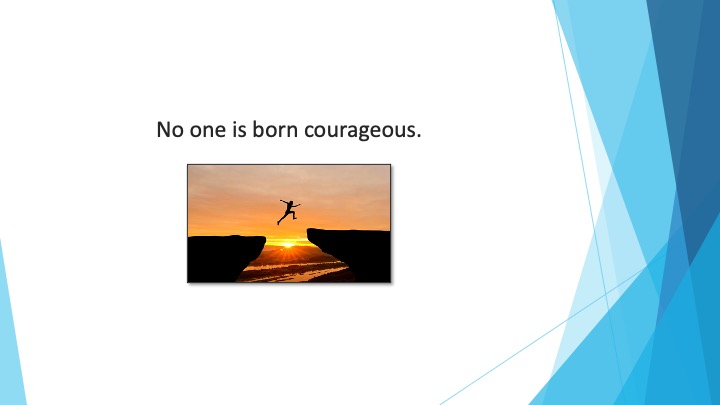
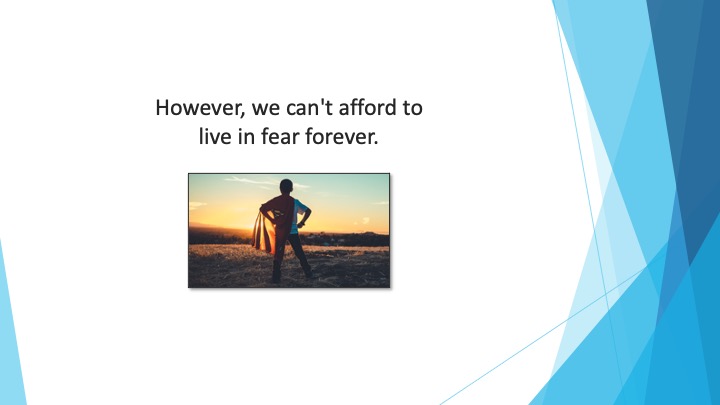
**Introduction**

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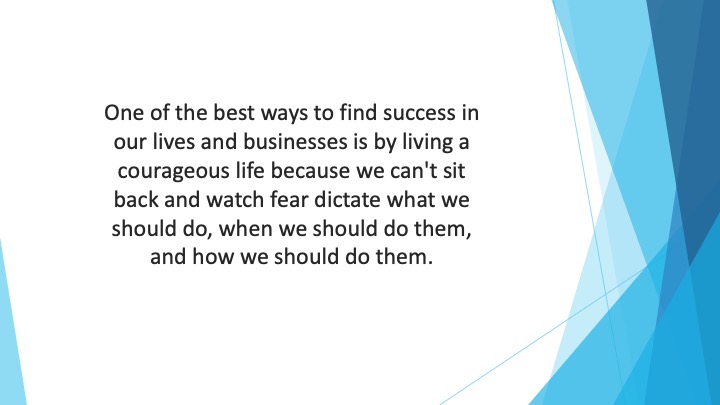
**S1** : Pause for 2 seconds



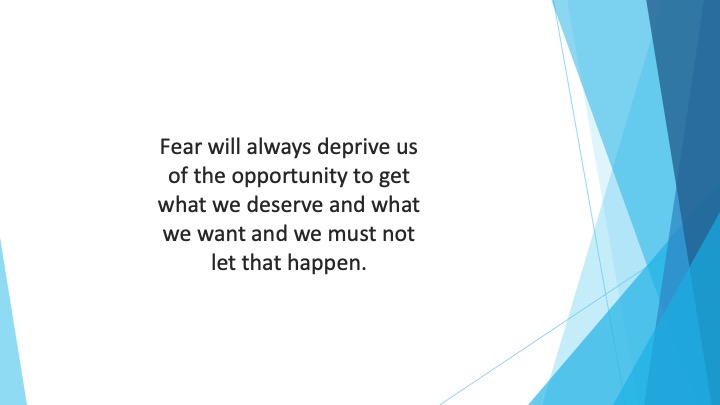
**S2 :** No one is born courageous.



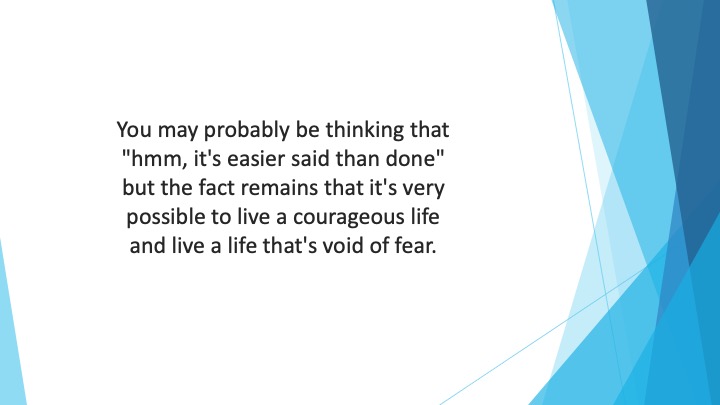
**S3** : However, we can't afford to live in fear forever.



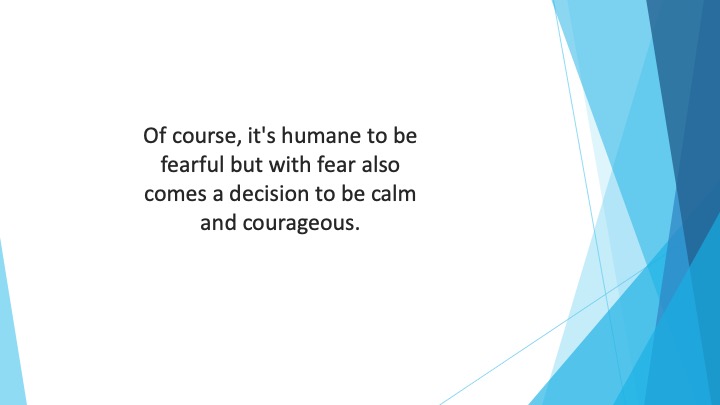
**S4** : One of the best ways to find success in our lives and businesses is by living a courageous life because we can't sit back and watch fear dictate what we should do, when we should do them, and how we should do them.



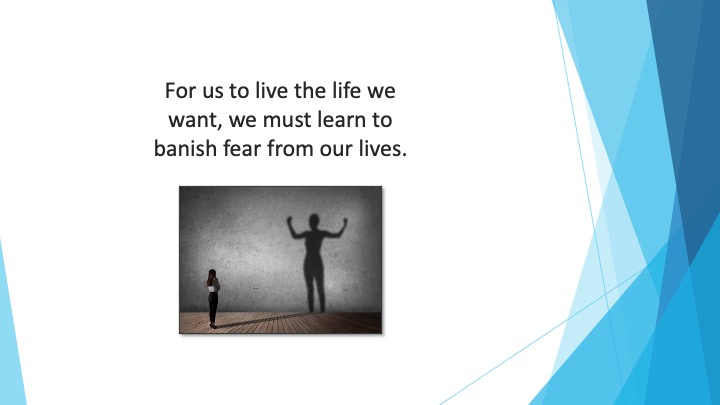
**S5 :** Fear will always deprive us of the opportunity to get what we deserve and what we want and we must not let that happen.



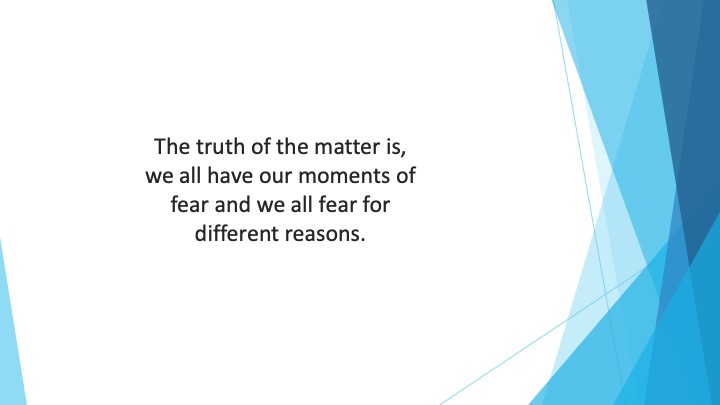
**S6 :** You may probably be thinking that "hmm, it's easier said than done" but the fact remains that it's very possible to live a courageous life and live a life that's void of fear.



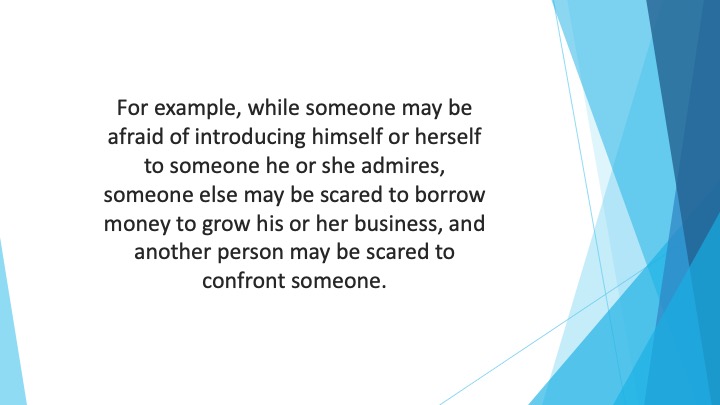
**S7 :** Of course, it's humane to be fearful but with fear also comes a decision to be calm and courageous.



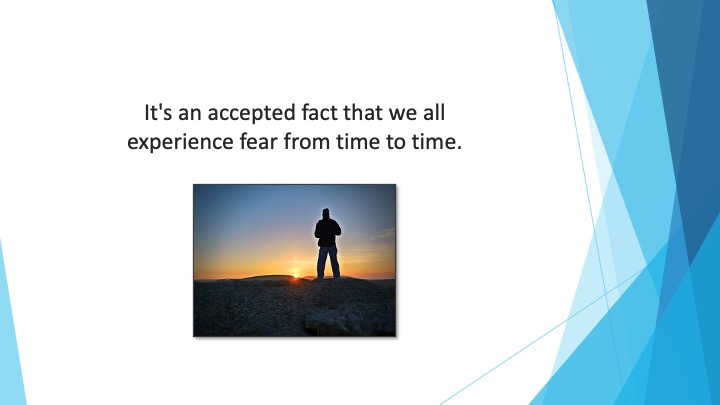
**S8 :** For us to live the life we want, we must learn to banish fear from our lives.



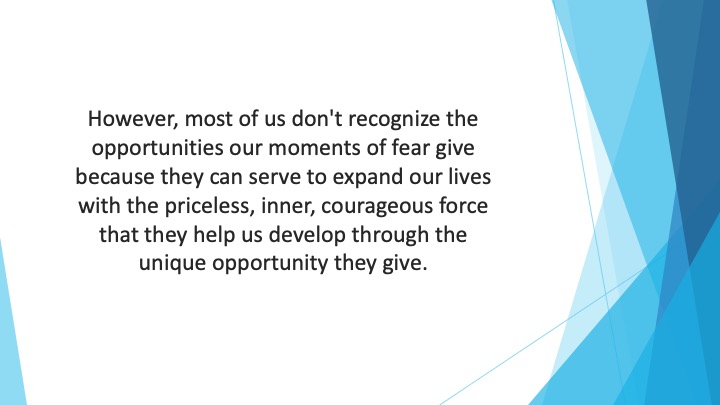
**S9 :** The truth of the matter is, we all have our moments of fear and we all fear for different reasons.



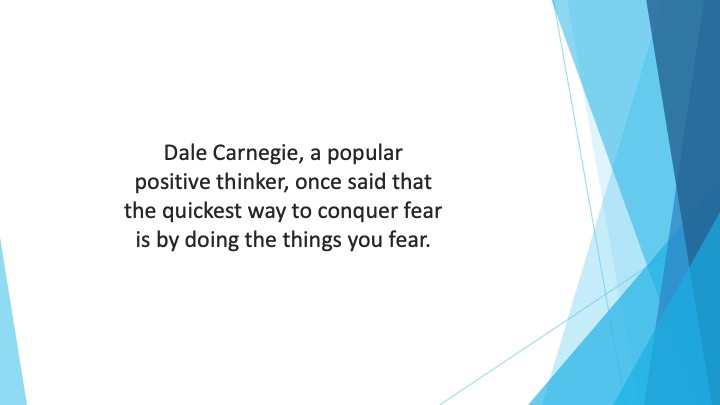
**S10 :** For example, while someone may be afraid of introducing himself or herself to someone he or she admires, someone else may be scared to borrow money to grow his or her business, and another person may be scared to confront someone.



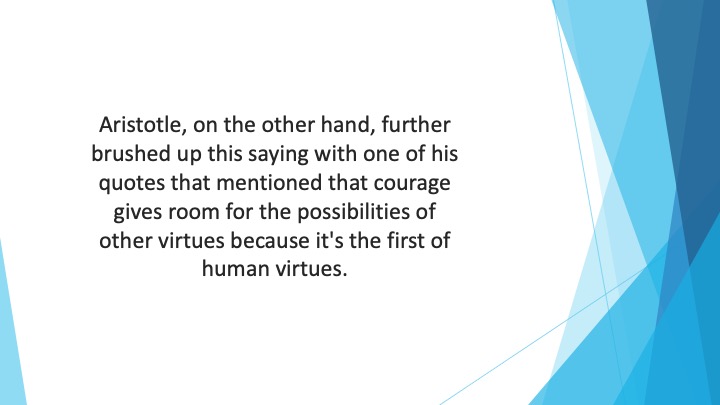
**S11 :** It's an accepted fact that we all experience fear from time to time.



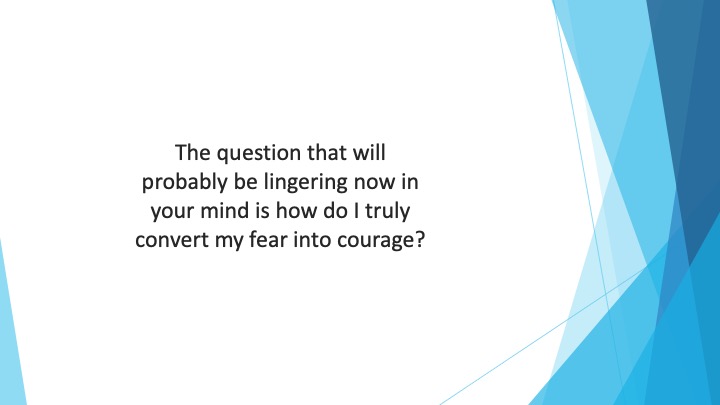
**S12 :** However, most of us don't recognize the opportunities our moments of fear give because they can serve to expand our lives with the priceless, inner, courageous force that they help us develop through the unique opportunity they give.



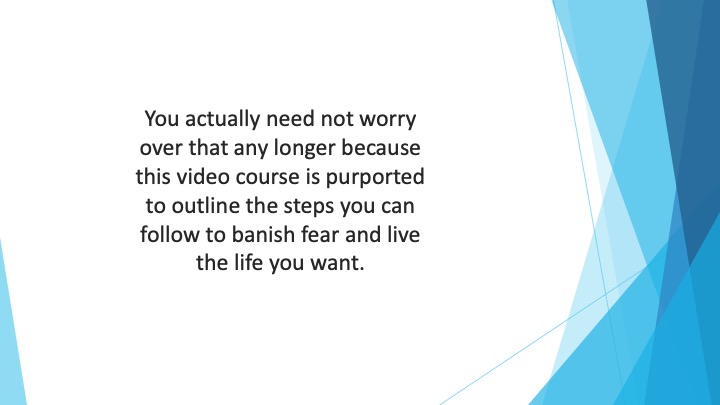
**S13 :** Dale Carnegie, a popular positive thinker, once said that the quickest way to conquer fear is by doing the things you fear.



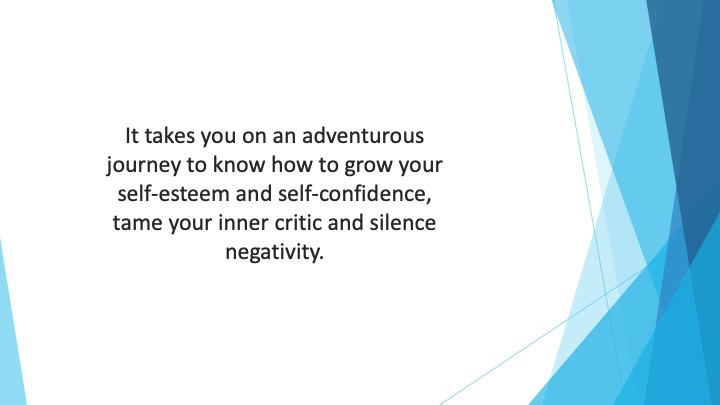
**S14 :** Aristotle, on the other hand, further brushed up this saying with one of his quotes that mentioned that courage gives room for the possibilities of other virtues because it's the first of human virtues.



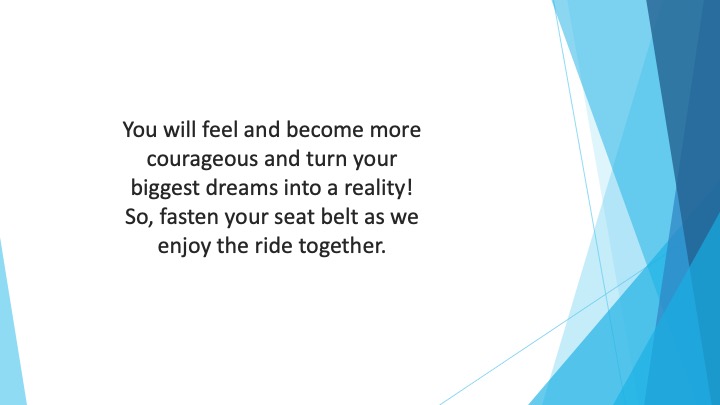
**S15 :** The question that will probably be lingering now in your mind is how do I truly convert my fear into courage?



**S16 :** You actually need not worry over that any longer because this video course is purported to outline the steps you can follow to banish fear and live the life you want.



**S17 :** It takes you on an adventurous journey to know how to grow your self-esteem and self-confidence, tame your inner critic and silence negativity.



**S18 :** You will feel and become more courageous and turn your biggest dreams into a reality! So, fasten your seat belt as we enjoy the ride together.