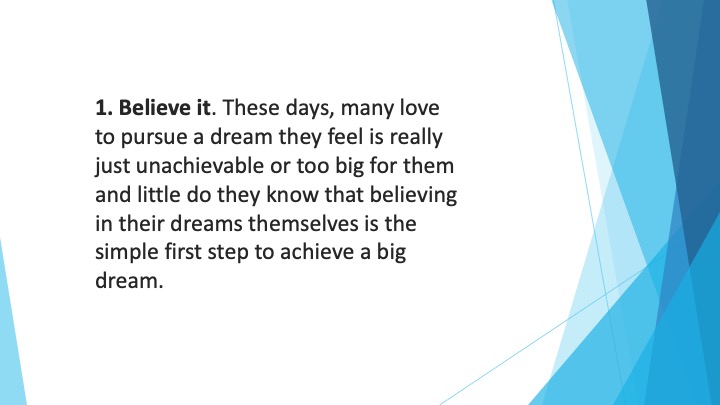
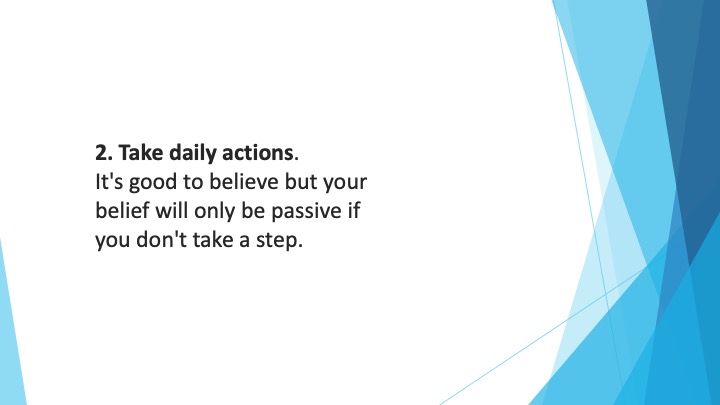
**Chapter 9: Jettisoning Your Fears - 7 Ways to Turn Your big Dream into Reality**

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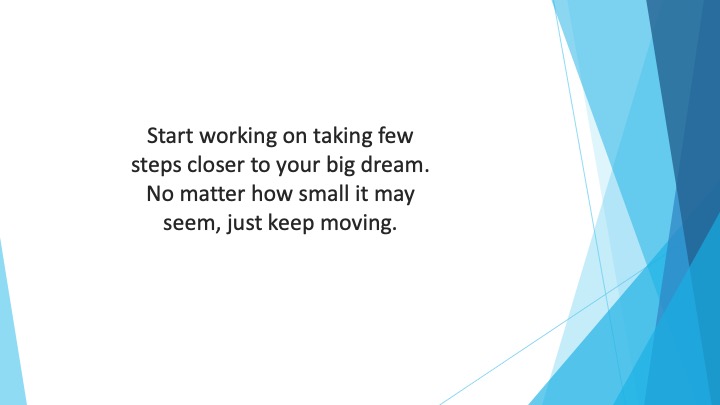
**S1** : In this video, we’ll discover about “Jettisoning Your Fears - 7 Ways to Turn Your big Dream into Reality”



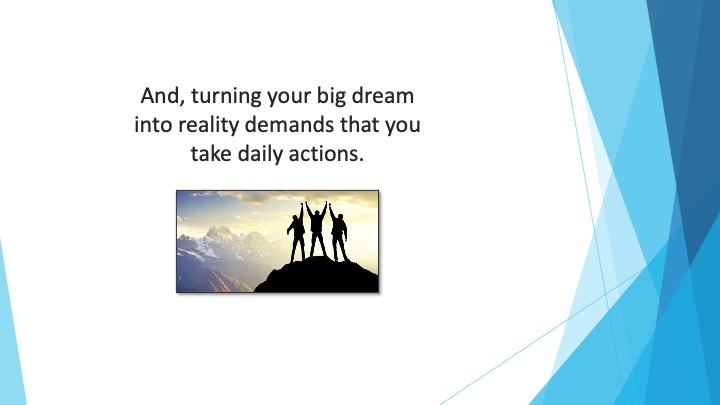
**S2 :** 1. Believe it. Believing your dream is possible is the first step to achieving your big dream. These days, many love to pursue a dream they feel is really just unachievable or too big for them and little do they know that believing in their dreams themselves is the simple first step to achieve a big dream.



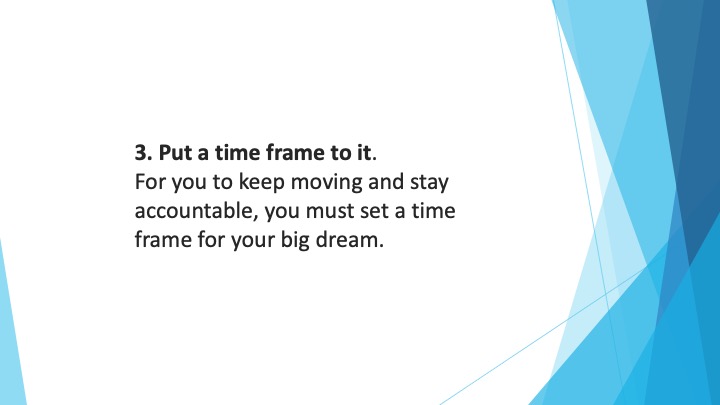
**S3** : 2. Take daily actions. It's good to believe but your belief will only be passive if you don't take a step. Without action, your dreaming is valueless and it's nothing.



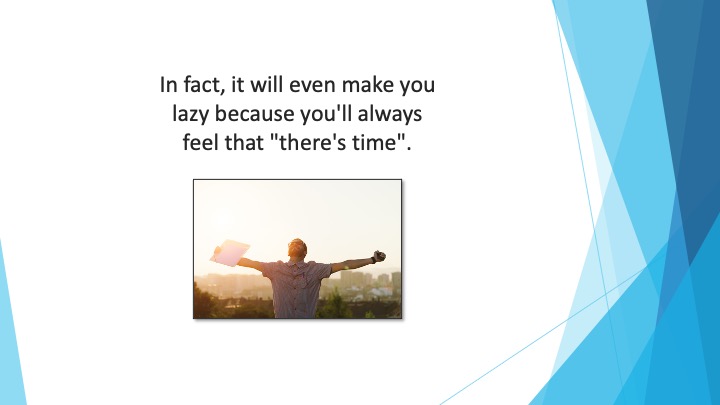
**S4** : Start working on taking few steps closer to your big dream. No matter how small it may seem, just keep moving. Remember that slow and steady wins the race.



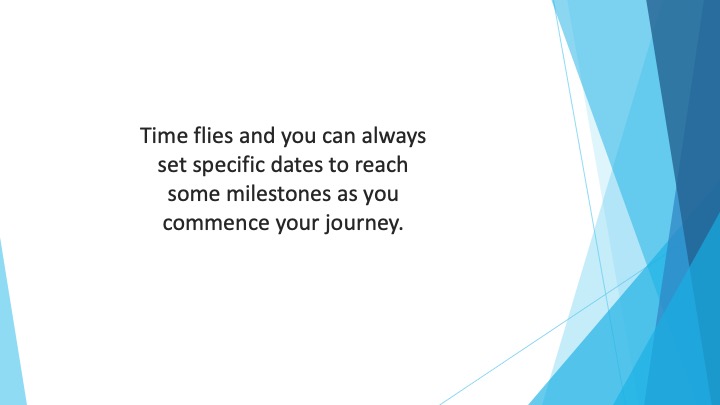
**S5 :** And, turning your big dream into reality demands that you take daily actions.



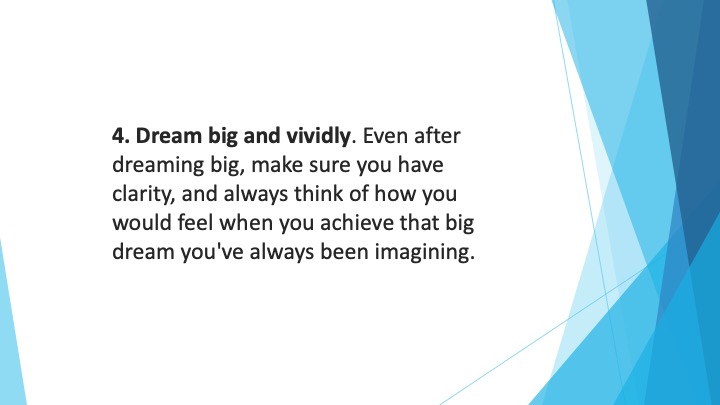
**S6 :** 3. Put a time frame to it. For you to keep moving and stay accountable, you must set a time frame for your big dream. You'll not be disciplined if you have a big dream and you have no timeframe in particular that you're working towards.



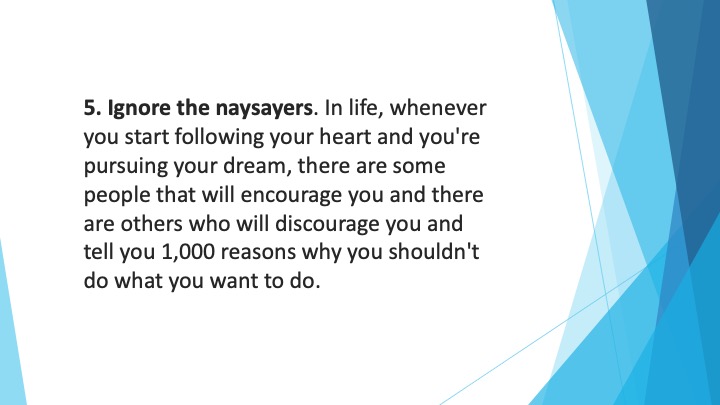
**S7 :** In fact, it will even make you lazy because you'll always feel that "there's time". Remember that months, weeks, days, hours, minutes, and seconds can easily escape you If you don’t have a time frame on something.



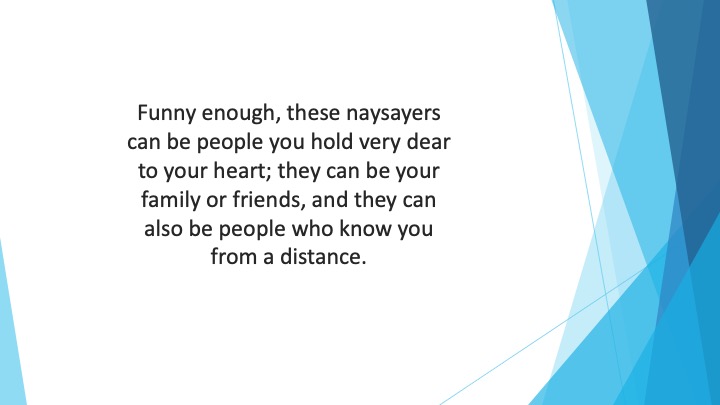
**S8 :** Time flies and you can always set specific dates to reach some milestones as you commence your journey.



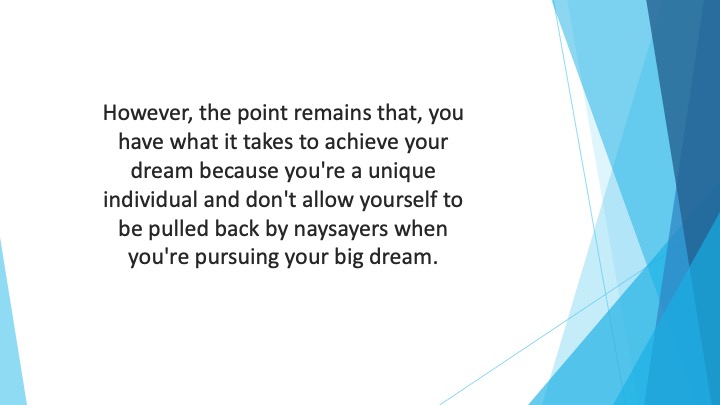
**S9 :** 4. Dream big and vividly. Never let what you see around you or what people say limit you from dreaming big. Even after dreaming big, make sure you have clarity, and always think of how you would feel when you achieve that big dream you've always been imagining.



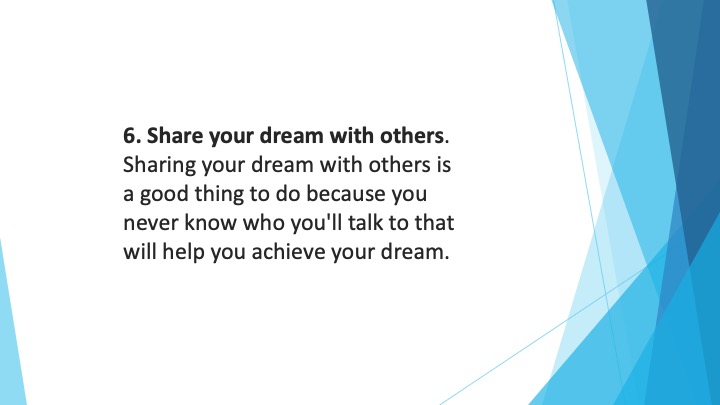
**S10 :** 5. Ignore the naysayers. In life, whenever you start following your heart and you're pursuing your dream, there are some people that will encourage you and there are others who will discourage you and tell you 1,000 reasons why you shouldn't do what you want to do. You need to learn to ignore the kind of people who will always tell you that you can't do what you want to do.

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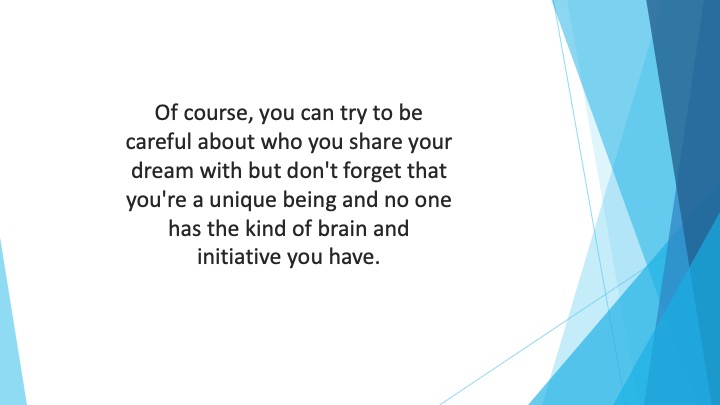
**S11 :** Funny enough, these naysayers can be people you hold very dear to your heart; they can be your family or friends, and they can also be people who know you from a distance.



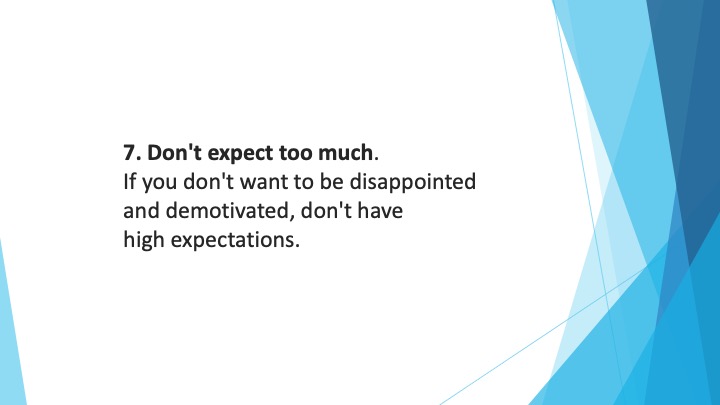
**S12 :** However, the point remains that, you have what it takes to achieve your dream because you're a unique individual and don't allow yourself to be pulled back by naysayers when you're pursuing your big dream.



**S13 :** 6. Share your dream with others. Sharing your dream with others is a good thing to do because you never know who you'll talk to that will help you achieve your dream. If you have a big dream and you're keeping it locked away, you're not doing well enough.



**S14 :** Of course, you can try to be careful about who you share your dream with but don't forget that you're a unique being and no one has the kind of brain and initiative you have. So, when you meet people and you tell them about your dreams, some may connect you to people that can get you what you need to fulfill your dream and you can also meet those that will keep you inspired, motivated, and boost you up when you are down.



**S15 :** 7. Don't expect too much. If you don't want to be disappointed and demotivated, don't have high expectations. Expect bumps ahead of your journey and don't let rigid expectations trap you.



**S16 :** Keep the momentum going, adopt an inevitability mindset, and make room for your big dream.